



PASSIVE-INFRARED HEMOENCEPHALOGRAPHY (PIR HEG) SUITE

ERNESTO SHOLOMAN KORENMAN, PHD, AND ELIZABETH TEGAN



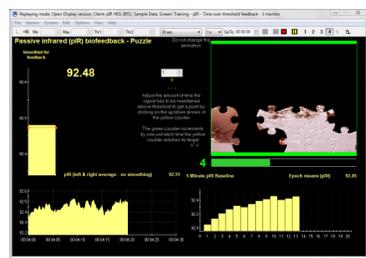
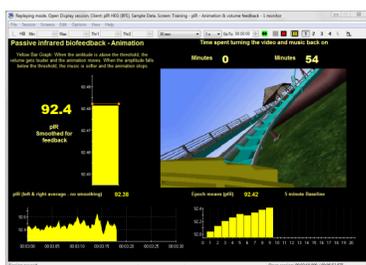
Limited Edition Software Suite

Hemoencephalography (HEG) biofeedback is the method to self regulate regional brain activity by monitoring changes in regional cerebral blood circulation and oxygenation. Passive-infrared (pIR) HEG biofeedback, popularized by Dr. Jeff Carmen, measures the heat (IR emissions) radiated by the tissue below the pIR HEG sensor. HEG is proving to be a simple and effective tool for frontal brain training, in particular for ADHD, depression and migraines.

An advantage of pIR HEG is that unlike EEG, HEG does not measure electricity, therefore it does not experience artifacts of eye-movement and other muscle activity-related artifacts during the session. The signal itself is also an easy-to-read amplitude measure of heat.

Elizabeth Tegan, senior software developer and experienced practitioner in biofeedback and neurofeedback, designed the pIR HEG Suite with the direction of Ernesto Korenman, PhD, a psychologist with a wide formal training that is well versed in the field of HEG. Together they created a pIR HEG suite that is easy to use for all levels of therapists and that allows the monitoring of non-HEG sensors. The suite includes:

- Five choices of Quick Start sessions to run, dependent on which sensors combinations are desired for recording data:
 - pIR HEG training only;
 - pIR HEG training with Heart Rate & Respiration;
 - pIR HEG training with monitoring of EMG, Skin Conductance & Temperature;
 - pIR HEG training with monitoring of Heart Rate, Respiration, EMG, Skin Conductance & Temperature;
 - pIR HEG training with monitoring of EEG.
- All recording sessions have a configuration choice for being used with a 1-monitor or 2-monitor setup.
- Suite documents include a software manual, sample client data, reference material and articles pertaining to the HEG.



Please note that this is the Passive-Infrared Hemoencephalography (pIR HEG) Suite, and should not be confused with the Near-Infrared Hemoencephalography (nIR HEG) Suite that is also sold by the Biofeedback Federation of Europe (BFE).

Education & Training Opportunities

The BFE currently offers two different types of online lessons/sessions designed to meet your diverse education and training needs. All sessions provide continuing education (CE) credits to psychologists.

- **1-Hour Introduction to the HEG Suites Webinar:** Jon Bale, BFE Research Manager, reviews the software and documents included in both the “pIR HEG Suite” and “nIR HEG Suite” from assessment to training. The webinar covers the following items; authors, goals of the suite, physiological understanding of HEG, HEG or EEG, necessary equipment, sensors & accessories, training Quick Start screens and advantages of the BFE suite over the TTL suite.
- **6-Hour HEG Online Class:** online instruction from a qualified instructor on HEG training for use on a general population. This class is well suited for beginners or experienced practitioners that want to learn about the HEG suite and incorporate HEG training methods in their practice. All aspects of using the software will be covered in great detail, and recorded data will be reviewed to ensure proper recording. Interpretation of data by the instructor will occur, however focus is maintained on being able to successfully use all aspects of the software and equipment.

If you are interested in arranging other types of qualified instructor-guided lessons, then the BFE would gladly do so. Please contact the BFE Shop (shop@bfe.org) do make such arrangements.



For more Information or Questions: blueheg@gmail.com

To purchase the suite and/or education & training, go to the BFE Shop: www.bfe.org/buy



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BioGraph Infiniti Software



BioGraph Infiniti Software is the core of all current and future Thought Technology biofeedback and psychophysiology products. It provides a multimedia rich graphical experience, while capturing and analyzing raw data. It includes all the features and functions required to run our specialized pIR HEG Suite and offers the ability to customize your own screens using the Developer Tool. The suite functions with **BioGraph Infiniti version 5.1.4** or **6.0**, and is designed to provide full compatibility with the latest Windows 8 operating system.



Choose the Encoder to Meet Your Needs

You need the below encoder to run the software:

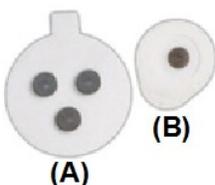
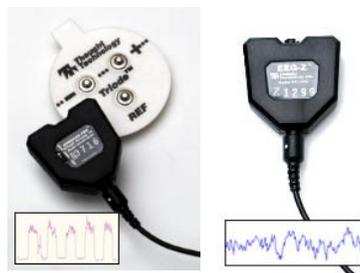
- **ProComp Infiniti encoder** is the eight-channel, multi-modality encoder that has all the power and flexibility you need for real-time, computerized biofeedback and data acquisition in any clinical setting. We only ever use two sensors with this suite.



Select Sensor Measurements for Collecting Data

This list consists of the all sensors necessary for running the suite with the encoder. Only the pIR HEG headgear is required. All other sensors are for optional monitoring of data.

- **pIR HEG Headgear** features two highly accurate passive infrared (pIR) sensors in a wide-range, dual configuration providing stable and reliable measurements. The light-weight, ergonomic design provides maximum comfort and an open concept that greatly reduces ambient temperature dependence and stabilization time.
- **MyoScan-Pro sensor** is a pre-amplified surface electromyography sensor for measuring muscular tension. Disposable electrode pads are necessary with this sensor.
- **EEG-Z sensor** is pre-amplified electroencephalograph sensor with built in impedance checking, for measuring brainwaves. **EEG monopolar/bipolar kit with DIN cable** is also necessary to use this sensor.
- **BVP sensor** is a blood volume pulse detection sensor (otherwise known as a PPG sensor) housed in a small finger worn package, to measure heart rate & provide BVP amplitude, BVP waveform, HR and Heart rate variability feedback.
- **Respiration sensor** is a durable, latex girth belt for monitoring respiration rate, waveform and amplitude sensor.
- **Skin Conductance** sensor measures the conductance across the skin, and is normally connected to the fingers.
- **Temperature sensor** measures skin surface temperature between 10°C – 45°C (50° F - 115°F).



Disposable Electrodes for MyoScan-Pro (EMG) Sensor

If using the MyoScan-Pro sensor, it is necessary to purchase at least one type of disposable electrodes for its effective use. There are two potential electrode placement types, so there are also two types of electrodes for purchase. The **triode (A)** disposable electrode is used for narrow placement and the **unigel (B)** for wide electrode placement.

BFE or TT pIR HEG Suite?

Both the Biofeedback Federation of Europe and Thought Technology have created pIR HEG suites. The difference between them is that the BFE suite also allows for monitoring from peripheral physiology and EEG sensors, while the TT suite does not.